



Secondary Schools' Friday Bulletin



Year 8G's Fizza Khan as Madame Speaker at the Houses of Parliament this week

Headteacher's Message

Assalamu alaikum wa ramatullahi wa barakatuhu,

Dear Parents & Carers,

The term is fast approaching an end and it has been busy as always. We did, however, have some unannounced guests visit us last week when Ofsted came to inspect the Girls' School. Alhamdulillah the visit went very well and the feedback from the Inspectors was overwhelmingly positive. During the feedback we heard that the girls' attitude to learning was outstanding and also that it was rare to meet such confident and articulate young ladies. We are looking forward to the report being published and sharing it with you as soon as possible. May Allah bless you and your families always and grant barakah to our school.

Hadith of the Week

Abu Yusuf Abdullah bin Salaam, Allah be pleased with him, narrates that the Prophet Muhammad (SAW) said:

"O people! Exchange/spread greetings of peace! Feed others! Be mindful of your obligations towards relatives! Worship (Allah) while others are asleep! Do this, and you will enter Paradise in peace."

Upcoming Events

Entire month of February



Shakespearefest

Wed 12th Feb

Boys' Football
Fixture at
Woodmansterne
School

Fri 28th Feb

Year 11 Parents'
Evening (**new date**)

Monday 29th Feb

Deadline for Young
Mayor nominations

**Monday 24th
February to
Friday 8th
March**

Fairtrade Fortnight



Time to Talk Day: taking care of our mental health

On Thursday, the school, for the first time ever, took part in Time to Talk Day - a day when everyone is encouraged to have a conversation about mental health. Time to Talk Day is run by Time to Change to help spread the word that you can talk about mental health anywhere.

At Al-Khair, we know that it benefits all of us to talk about mental health. The students from the boys' and girls' schools attended an assembly about mental health and were given tips on how to promote positive emotional and mental wellbeing. After that we set up a mental health cafe where the students indulged in a creamy hot chocolate while talking to a randomly-picked peer. They made a chatterbox and used that as a conversation starter.



The feedback from students was overwhelmingly positive with one student commenting that this event "was really needed".

We encourage parents to speak with their children, a copy of the chatterbox will be available on the school website along with tips on caring for our mental health insha Allah.



Merit Roll of Honour

Boys' School

Girls' School

Sufyaan Chaudhry
Year 8

Zainab Din
Year 8

Mohammed Adam
Year 7

Izma Soobraty
Year 7

Shakell Mohammed
Year 7

Sahlah Abubacker
Year 9

Omar Shareef
Year 8

Zainaa Farouk
Year 8

TERROR ATTACKS: LOCKDOWN PROCEDURES

Last Sunday's terror attack in nearby Streatham reminded us that, although rare, we must be prepared for gun and weapon attacks whenever they arise.

On Monday, Ms Nadia and Mr Chaudhry led assemblies for the girls' and boy's school respectively to talk about what to do in case of a gun or weapon attack. The students were informed of the police's official advice to Run, Hide and Tell and also how to stay safe when out and about.

The schools have taken measures to ensure our pupils' safety in the event of an attack and we will insha Allah be practising lockdown drills this term to ensure we are prepared in case an emergency situation happens at the school.

We strongly recommend creating an emergency plan for your home and talking to your children about what they should do in case of an emergency at home. We pray that Allah SWT keeps us and our families safe insha Allah.

RUN HIDE TELL

